

**Change Your Life by Changing Your Mind**  
9/26/18

Romans 12:2

*“Do not be conformed to the pattern of this world, but let God transform you into a new person by changing the way you think.” (NLT)*

**WHY IS IT SO IMPORTANT THAT I MANAGE MY MIND?**

1. Because my thoughts \_\_\_\_\_ (Proverbs 4:23)
2. Because my mind is the \_\_\_\_\_ for sin (Romans 7:22-23)
3. Because it's the key to \_\_\_\_\_ and \_\_\_\_\_ (Romans 8:6)

**3 DAILY CHOICES FOR A HEALTHY MIND**

1. I MUST FEED MY MIND WITH \_\_\_\_\_  
*John 17:17; Matthew 4:4; Psalm 119:147; Psalm 119:97; Psalm 16:7; Psalm 119:95*
2. I MUST FREE MY MIND FROM \_\_\_\_\_

**3 forces battle in our mind against good intentions:**

- 1<sup>st</sup> ENEMY: \_\_\_\_\_ (Romans 7:23; 8:5)
- 2<sup>nd</sup> ENEMY: \_\_\_\_\_ (I Peter 5:8-9)
- 3<sup>rd</sup> ENEMY: \_\_\_\_\_ (I John 2:16)

**Final Choice for a Healthy Mind**

3. I MUST \_\_\_\_\_
- } THINK ABOUT: \_\_\_\_\_ (I Timothy 28a; Hebrews 12:3)
- } THINK ABOUT: \_\_\_\_\_ (Philippians 2:4; Hebrews 10:24)
- } THINK ABOUT: \_\_\_\_\_ (Colossians 3:2; I Corinthians 2:9)